RPA Hospital. See Local Area Map for more details.

Coogee Beach. Alight both buses on King St (Stop 7 & 8) for travels between Bondi Junction Interchange in the East, to The 370 and 352 can also be caught to RPA Hospital. The 352 to and from the City.

413, 435, 436, 437, 438, 440, 461, 480 and 483 stop on station on Enmore Rd and get off at Missenden Rd (Stop 7). Station on King St, or the 423/426/428 from opposite the Missenden Rd. Or catch the 422 or 352 from opposite the Newtown Station is the nearest train station - approximately transport.

RPA is just 3km from Sydney’s CBD. Located on Missenden Rd in Camperdown between Parramatta Road and King Street, it is easily accessible by foot, bicycle and public transport.

Neatson Station is the nearest train station - approximately 20 minutes walk from the hospital, along King St and Missenden Rd. If you catch the 422 or 352 from opposite the station on King St or the 423/426/428 from opposite the station on Emmore Rd and get off at Missenden Rd (Stop 7).

For front door service, catch the 412 bus. Starting at King St Wharf, the 412 travels along George St and Paramatta Rd to Missenden Rd, stopping right up to the front of RPA Hospital. The 412 then continues onto Campbell, via Salisbury keep.

The 423, 424, 426 and 428 will drop you on King St while the 413, 415, 435, 437, 439, 440, 461, 480 and 483 stop on Paramatta Rd. King St and Paramatta Road are just a short stroll (10 minutes) to RPA Hospital. All of these buses travel to and from the City.

The 370 and 352 can also be caught to RPA Hospital. The 352 travels between Bondi Junction interchange in the East to Marrickville Metro. The 370 runs between Leichhardt and Coogee Beach. All of these buses operate from King St (Stop 7 & 8) for RPA Hospital. See Local Area Map for more details.

Locations: Railway Square - George Street; open 8am - 5pm Monday to Friday; QVB - York Street entrance: open 8am - 6pm Monday to Friday; Wynyard - Carrington Street entrance: open 7:30am - 6pm Monday to Friday; Circular Quay - Cir-Lufto and Alfred Streets (outside McDoNnells) - open 6am - 7pm Monday to Friday; 8am - 8pm on Saturday and Sunday.

Taxis & Ferries

Buying your ticket from the bus driver drops down the service and delays the journey for everyone. Buy a TravelTen or TravelPass from a ticket agent or CityRail station before you travel. You’ll save time, money and help speed up the bus service for everyone.

TravelTen – A TravelTen is one bus ticket with ten discounted rides on it. It doesn’t expire until all ten trips are used up. TravelTen saves you up to 20% off a single fare. It is see underlined code-containing detailed number of sections travelled.

Maximum distance of travel by direct bus service.

### Guide to Bus Routes and Frequencies from the Royal Prince Alfred Hospital

<table>
<thead>
<tr>
<th>Destination</th>
<th>Bus Stops</th>
<th>Numbers</th>
<th>Approx travel time (min)</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more fares and ticket details, timetables, maps, trip planning and other transport information, visit www.cs.nsw.gov.au/pophealth/Sydney

Buying your ticket from the bus driver drops down the service and delays the journey for everyone. Buy a TravelTen or TravelPass from a ticket agent or CityRail station before you travel. You’ll save time, money and help speed up the bus service for everyone.

### Taking the Bus

Whether you’re a staff, a patient or a visitor at the hospital, consider walking cycling or taking public transport as often as possible.

- Walking to your bus stop and on to your destination keeps you active - an important part of leading a healthy lifestyle.
- You can reduce motor vehicle emissions - the main source of pollutants and a major cause of respiratory disease.
- Each bus can keep up to 50 cars off the road for each trip, reducing pollution, noise, traffic and road congestion.
- Save money - catching public transport works out a lot cheaper than owning your own car especially a second car!

- Arrive relaxed and stress-free - read the paper or book, have a chat with friends or talk on your mobile phone!
- Get dropped right at the door - no need to worry about finding a park.

To get additional copies of this guide or for a copy of Smart Routes For Getting to Royal Prince Alfred Hospital and The University of Sydney contact the Health Promotion Unit on 9311 9553 or download it from www.cs.nsw.gov.au/pophealth/ (click on Health Promotion).